

Saturday January 16th

Doors open 5:00 am

5:15am Warm up for Novice and Standard Divisions

NOVICE MIDDLE DISTANCE RACES

6:00 AM	Freshman Girls	500m	2 ht.
	Freshman Boys	500m	2 ht.
	Juvenile Girls	300m	2 ht.
6:15 AM	Elementary Girls	400m	2 ht.
	Elementary Boys	400m	2 semi
	Sophomore Women	700m	2 ht.
6:30 AM	Sophomore Men	700m	2 ht.
	Senior Men	700m	2 ht.
	Juvenile Girls	300m	Final
7:00 AM	Juvenile Boys	300m	Final
	Freshman Girls	500m	Final
	Freshman Boys	500m	Final
	Junior Women	700m	Final
7:15 AM	Junior Men	700m	Final
	Classic/Master Women	700m	Final
	Classic/Master Men	700m	Final
	Elementary Girls	400m	Final
7:30 AM	Elementary Boys	400m	Final
	Sophomore Women	700m	Final
	Sophomore Men	700m	Final
	Senior Men	700m	Final

8:00 AM

OPENING CEREMONIES

STANDARD DIVISION MIDDLE RACES

8:15 AM	Juvenile Girls	300m	2 ht.
	Juvenile Boys	300m	2 ht.
	Elementary Boys	500m	2 ht.
8:30 AM	Master Men	1000m	2 ht.
	Freshman Girls	500m	2 ht.
	Freshman Boys	500m	2 ht.
8:45 AM	Senior Men	1500m	2 ht.
	Sophomore Women	1000m	2 ht.
9:00 AM	Sophomore Men	1000m	2 ht.
	Tiny Tot Girls	200m	Final
	Tiny Tot Boys	200m	Final
	Primary Girls	300m	Final
	Primary Boys	300m	Final
8:15 AM	Juvenile Girls	300m	Final
	Juvenile Boys	300m	Final
	Freshman Girls	500m	Final
	Freshman Boys	500m	Final
9:30 AM	Junior Women	1000m	Final
	Junior Men	1000m	Final
	Classic/Gr. Classic Women	1000m	Final
	Grand Classic Men	1000m	Final
10:00 AM	Elementary Girls	500m	Final
	Elementary Boys	500m	Final
	Sophomore Women	1000m	Final
	Sophomore Men	1000m	Final
10:15 AM	Vet/GVet/GEsquire Women	700m	Final
	Vet/GVet Men	700m	Final
	Esq/GEsquire Men	700m	Final
10:30 AM	Master Women	700m	Final

Master Men	1000m	Final
Senior Women	1000m	Final
Senior Men	1500m	Final

NOVICE SHORT DISTANCE RACES

11:00 AM	Freshman Girls	300m	2 ht.
	Freshman Boys	300m	2 ht.
	Juvenile Girls	200m	2 ht.
	Elementary Girls	300m	2 ht.
	Elementary Boys	300m	2 semi
11:15 AM	Sophomore Women	500m	2 ht.
	Sophomore Men	500m	2 ht.
	Senior Men	500m	2 ht.
	Juvenile Girls	200m	Final
	Juvenile Boys	200m	Final
11:30 AM	Freshman Girls	300m	Final
	Freshman Boys	300m	Final
	Junior Women	500m	Final
	Junior Men	500m	Final
11:45 AM	Classic/Master Women	500m	Final
	Classic/Master Men	500m	Final
	Elementary Girls	300m	Final
	Elementary Boys	300m	Final
12:00 PM	Sophomore Women	500m	Final
	Sophomore Men	500m	Final
	Senior Men	500m	Final

CLEAR BUILDING

DOORS OPEN

5:00 PM	Warm up for 4 Person Relays		
5:15 PM	Juvenile 4 Girl	1200m	Final
5:30 PM	Freshman 4 Girl	2000m	Final
	Freshman 4 Boy	2000m	Final
	Master 4 Man	2000m	Final
	Senior 4 Woman	4000m	Final
6:00 PM	Senior 4 Man	4000m	Final
	Juvenile 4 Mix	1200m	Final
	Freshman 4 Mix	2000m	Final
	Master 4 Mix	2000m	Final
6:30 PM	Senior 4 Mix	4000m	Final

AWARDS FOR 4 PERSON RELAYS

Sunday January 17th

Doors open 5:00 am

5:15 AM Warm up for Novice and Standard Divisions

STANDARD DIVISION SHORT RACES

6:00 AM	Juvenile Girls	200m	2 ht.
	Juvenile Boys	200m	2 ht.
	Elementary Boys	300m	2 ht.
6:15 AM	Master Men	500m	2 ht.
	Freshman Girls	300m	2 ht.
	Freshman Boys	300m	2 ht.
	Senior Men	500m	2 ht.
6:30 AM	Sophomore Women	500m	2 ht.
	Sophomore Men	500m	2 ht.
	Tiny Tot Girls	100m	Final
	Tiny Tot Boys	100m	Final
6:45 AM	Primary Girls	200m	Final
	Primary Boys	200m	Final
	Juvenile Girls	200m	Final
	Juvenile Boys	200m	Final
7:00 AM	Freshman Girls	300m	Final
	Freshman Boys	300m	Final
	Junior Women	500m	Final
	Junior Men	500m	Final
7:15 AM	Classic/Gr. Classic Women	500m	Final
	Grand Classic Men	500m	Final
	Elementary Girls	300m	Final
	Elementary Boys	300m	Final
7:15 AM	Sophomore Women	500m	Final
	Sophomore Men	500m	Final
	Vet/GVet/GEsquire Women	500m	Final
	Vet/GVet Men	500m	Final
7:30 AM	Esq/GEsquire Men	500m	Final
	Master Women	500m	Final
	Master Men	500m	Final
	Senior Women	500m	Final
	Senior Men	500m	Final

NOVICE LONG DISTANCE RACES

8:00 AM	Freshman Girls	700m	2 ht.
	Freshman Boys	700m	2 ht.
	Juvenile Girls	400m	2 ht.
8:15 AM	Elementary Girls	500m	2 ht.
	Elementary Boys	500m	2 ht.
	Sophomore Women	1000m	2 ht.
8:30 AM	Sophomore Men	1000m	2 ht.
	Senior Men	1000m	2 ht.
	Juvenile Girls	400m	Final
	Juvenile Boys	400m	Final
8:45 AM	Freshman Girls	700m	Final
	Freshman Boys	700m	Final
	Junior Women	1000m	Final
	Junior Men	1000m	Final
9:00 AM	Classic/Master Women	1000m	Final
	Classic/Master Men	1000m	Final
	Elementary Girls	500m	Final
	Elementary Boys	500m	Final
9:15 AM	Sophomore Women	1000m	Final
	Sophomore Men	1000m	Final
	Senior Men	1000m	Final

STANDARD DIVISION LONG RACES

9:30 AM	Juvenile Girls	500m	2 ht.
	Juvenile Boys	500m	2 ht.
	Elementary Boys	700m	2 ht.
9:45 AM	Master Men	1500m	2 ht.
	Freshman Girls	1000m	2 ht.
	Freshman Boys	1000m	2 ht.
10:00 AM	Senior Men	3000m	2 ht.
	Sophomore Women	1500m	2 ht.
	Sophomore Men	1500m	2 ht.
10:45 AM	Tiny Tot Girls	300m	Final
	Tiny Tot Boys	300m	Final
	Primary Girls	400m	Final
	Primary Boys	400m	Final
11:00 AM	Juvenile Girls	500m	Final
	Juvenile Boys	500m	Final
	Freshman Girls	1000m	Final
	Freshman Boys	1000m	Final
11:15 AM	Junior Women	1500m	Final
	Junior Men	2000m	Final
	Classic/Gr. Classic Women	1500m	Final
	Grand Classic Men	2000m	Final
11:30 AM	Elementary Girls	700m	Final
	Elementary Boys	700m	Final
	Sophomore Women	1500m	Final
	Sophomore Men	1500m	Final
11:45 AM	Vet/GVet/GEsquire Women	1000m	Final
	Vet/GVet Men	1000m	Final
	Esq/GEsquire Men	1000m	Final
	Master Women	1000m	Final
12:00 PM	Master Men	1500m	Final
	Senior Women	2000m	Final
	Senior Men	3000m	Final

AWARDS FOR NOVICE & STANDARD DIVISIONS

CLEAR BUILDING

Monday January 18th

Doors open 5:00 am

5:15 am Warm up for 2 person relays

2 PERSON RELAYS

6:00 AM	Elementary 2 Girl	2000m	2 ht.
	Elementary 2 Boy	2000m	2 ht.
6:30 AM	Sophomore 2 Man	3000m	2 ht.
	Primary 2 Boy	1200m	Final
7:00 AM	Classic/Vet 2 Woman	2000m	Final
	Elementary 2 Girl	2000m	Final
	Elementary 2 Boy	2000m	Final
7:30 AM	Veteran 2 Man	2000m	Final
	Sophomore 2 Woman	2000m	Final
	Sophomore 2 Man	3000m	Final
8:00 AM	Master 2 Woman	2000m	Final
	Master 2 Man	2000m	Final
8:15 AM	Senior 2 Woman	3000m	Final
	Senior 2 Man	5000m	Final
8:45 AM	Elementary 2 Mix	2000m	2 ht.
	Sophomore 2 Mix	3000m	2 ht.
9:00 AM	Primary 2 Mix	1200m	Final
	Classic 2 Mix	2000m	Final
9:15 AM	Master/Vet 2 Mix	2000m	Final
	Elementary 2 Mix	2000m	Final
9:30 AM	Sophomore 2 Mix	3000m	Final
	Senior 2 Mix	3000m	Final

AWARDS FOR 3 PERSON RELAYS

OPEN RACES

10:15 AM	Juvenile Girls	1000m	Final
	Juvenile Boys	1000m	Final
	Freshman Girls	2000m	Final
	Freshman Boys	2000m	Final
	35 + Women	2000m	Final
	35 + Men	2000m	Final
	Senior Women	3000m	Final
	Senior Men	5000m	Final

11:30 AM **3 PERSON DRAW RELAYS**

END OF MEET!!

**THANK YOU FOR COMING AND HAVE A SAFE
TRIP HOME!**